

Activity Corner



Here are a few suggestions of activities that can help reinforce "THE MAGIC OF COOPERATION"...

★ **"King/Queen for the day ..."**

Have students complete the following sentence: "A time I got what I wanted was when ..."

★ **Feeling Circle**

Find a soft ball. Have the class stand in a circle. Begin by completing the sentence, "I feel confident when ..." or "I feel angry when..." or "I feel sad when..." Ask a student to repeat and finish the sentence for themselves. Toss the person the ball. Then that student tosses the ball to someone else, who repeats what she said, then completes the sentence for himself, and so on.

★ **The Conflict Monster**

Place yourself in the middle of the room and say, "Imagine that I am conflict. Think about how you feel or react when you are part of a conflict or see others having a conflict. Position your body to mine in relation to the conflict. Would you face the conflict, turn away, hide or completely ignore the conflict. Once they choose their position ask why they did what they did. Then take a moment and ask what the second reaction might be to a conflict. What information does one need to solve a conflict or approach it?"

★ **Getting It Down On Paper**

Pass out markers and half sheets of paper or large index cards. Ask each student how they feel...then have them decide on one word that best describes how they feel. Have them write the word on their paper. After everyone is done, have everyone hold up their feeling. Give the students a chance to see all the different feelings. If time permits and the student feels comfortable let them share why they feel the way they do.

★ **What are you prepared to do?**

Ask the following question of each student: "What would you put up a serious fight for if someone threatened to take it away?" [This could be a physical object or some value like Freedom]

★ **Stand Up and Be Counted...**

Ask the students if they can remember a time when they stood up to someone or something that they felt was wrong.

★ **If Conflict was a food what would it be?**

Either in the large groups or in smaller groups of five or six, have participants share what foods they chose and why they chose them. (If you split up into smaller groups, come back together at the end and have volunteers share with the whole group which foods they chose and why.)

★ **Visualize this...**

Explain the importance of imagining what you will do in a situation before it happens. Then ask your students to imagine a conflict arise and what they would do to work through the situation.